

These Painkilling Marijuana Tampons May Be The End of Period Cramps



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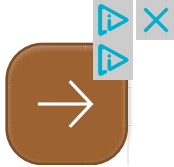
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[tampons/](http://theheartysoul.com/cannabis-tampons/)) Marijuana is becoming increasingly recognized as an effective medicinal product by both the common public and medical professionals alike. It is known to be able to treat a variety of medical conditions, ranging from glaucoma to insomnia.

However, it is probably best known for its use as a painkiller. [Marijuana \(http://theheartysoul.com/cannabis-replaces-medication/\)](http://theheartysoul.com/cannabis-replaces-medication/) it is used to relieve many different types of pain, including pain caused by chemotherapy, inflammatory diseases and injuries.

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Thanks to a new invention developed by Foria, a company focused on producing innovative cannabis products, marijuana's pain killing properties may mean the end of period cramps as well.

Cannabis Tampons

<http://cdn.theheartysoul.com/wp-content/uploads/2016/07/Vaginal-Cannabis-Suppositories-The-Next-Big-Thing-In-Menstrual-Cramp-Relief.jpg>

Although the product being sold by Foria, called Foria Relief, aren't typically considered to be tampons, they are suppositories that are inserted in a similar fashion. They can even be used along with tampons to maximize their comforting effects.

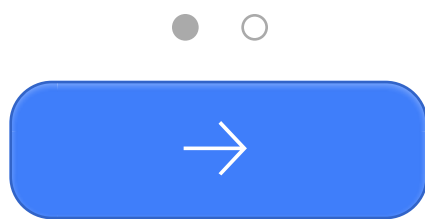
The suppositories are made out of only three natural ingredients: organic cocoa butter, THC oil, and CBD isolate. According to Foria, the combination of both THC oil and CBD isolate is meant to "activate certain cannabinoid receptors in the pelvic region when introduced into the body."

This effect reportedly causes a decrease in pain and discomfort that often accompanies menstruation (<http://theheartysoul.com/health-benefits-of-potassium/>), and many users of the product have backed this claim up.

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The cannabinoids found in the suppositories causes the nerves in the uterus, cervix, ovaries to block out pain. It also relaxes any of the surrounding smooth muscle tissue to further increase comfort during menstruation.

How To Use It

Foria Relief is meant to relieve pain closest to the area where it is inserted. This means it can be inserted vaginally to relieve pain in the womb area often caused by menstruation.

Some users have also reported benefits from inserting it rectally, claiming that it relieved pain in the back and [hip area](http://theheartysoul.com/yoga-poses-for-hip-pain-relief/), places which are also commonly affected by menstruation.

On average, women reported feeling pain and comfort relief around 15-30 minutes after insertion. If being used in combination with a typical tampon, Foria Relief should be inserted prior to the tampon.

It is also common to experience some form of leakage a few minutes after insertion as the cocoa butter will eventually melt after use.

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When not being used, Foria Relief should be stored in a cool, dry area such as the refrigerator. If it is stored in an area with heat higher than 76 degrees Fahrenheit, it will melt.

If you are interested in purchasing Foria Relief, or any other cannabis-based products from the company, you can visit their website [here \(http://foriapleasure.com/\)](http://foriapleasure.com/).

For more information on the health benefits of cannabis, [click here \(http://theheartysoul.com/cannabis-infused-coconut-oil/\)](http://theheartysoul.com/cannabis-infused-coconut-oil/).

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I've gotten my vaginal cancer to shrink and is nearly in remission due to the fact that in addition to indesting cannabis oil, I also fill vegetable capsules and used them as vaginal suppositories. This is essentially the same principle but for women who still have an active reproductive system.

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